This week is **Wellbeing Week** and a time for everyone to slow down from the normal routines of the term. Each term we try to minimize the “extras” of the week and give more time to ourselves and our families by reducing those activities that add stress, such as homework and extra meetings! I hope that you can make the most of the week by spending a little extra time together as a family.

Last Saturday evening we celebrated with the Lakes Parish a blessing for the children who are preparing for the Sacrament of Confirmation. Around twenty of our students will be making the Sacrament this Sunday. The Mass was also an opportunity for some of our very talented singers to share their beautiful voices with those present. The parish has employed the services of a musical director who will be involving more of our children in the singing and playing at the weekend masses.

As you will have heard by now, I will be leaving St Joseph’s at the end of the year to take on the role of principal at St Kieran’s, Manly Vale. After 16 years at St Joseph’s it is with very mixed emotions that I will be leaving with. The process of choosing the next principal will begin shortly. There will be consultation with staff and parents before interviews. The process will go into Term 4 and a decision made before the end of year.

I take the opportunity to wish all our fathers, grandads and special male friends a very happy Father’s Day this Sunday. I look forward to seeing as many of you as possible this Friday morning for breakfast from 7.30am.

If you have any concerns, issues or questions you would like to discuss, I am always happy to make a time to meet with you. Contact the school office to organise a time.

Michael Gallagher

**Sunday’s Gospel Quote**

Large crowds were walking along with Jesus, when he turned and said:

“**You cannot be my disciple, unless you love me more than you love your father and mother, your wife and children, and your brothers and sisters. You cannot come with me unless you love me more than you love your own life.**

**You cannot be my disciple unless you carry your own cross and come with me**”.

Luke 14:25-33

23rd Sunday in Ordinary Time
Religious Education News

Sacrament of Confirmation Ceremony
This weekend the below students from our school will finish this part of their journey, making their Sacrament of Confirmation. We wish them all our fruits and gifts of the spirit, shown through actions of love, joy, generosity, courage and knowledge at this time.

Congratulations....
Stan C. Bonnie J. Calan R.
Zoe C. Benjamin F. Oscar J.
Balthazar L. Lindsey T. Kyden W.
Bridey C. Harper T. Gabriela A.
Kai C. Ryan C. Rohan M.
Luca P. Leela K. Jocelyn P.

Candela Mission Peru
Last week our school supported Mrs Rajca and the city of Candela, Peru through purchases of handicrafts. The Social Justice Team, along with the help of Mrs Gualtieri ran stalls on Thursday and Friday at Recess. The response was outstanding! We were able to raise in a quick 40 minutes of sales over the two days a total of $1310. WOW! We cannot the school community enough for digging into their pockets, money jars and wallets for this special cause.

All funds raised go back to the women who have made the goods. This money is used by the women to buy basic necessities to make life easier for their families. Your support of the mission is greatly appreciated.

Stef Thom (REC)
Library News

**Book Fair:** We will be holding our annual Book Fair on Monday 12th September and Tuesday 13th September. It will be held in the Library from 8.30am - 9.00am and 2.30pm - 3.30pm each day. Books will range in price from $10 - $25. Children may either buy a book for themselves, donate a book to the Library or do both. Please support us in this activity as we are able to add new books to the Library from the Commission we earn on sales.

Fran Jones
Teacher Librarian

P & F News

**FATHER’S DAY BREAKFAST**

The Father’s Day BBQ Breakfast is coming up. It’s on Friday 2nd September, from 7.30am-9.00am.

Please fill out the attached order form [click here](#) and return it to your class teacher ASAP.

Thanks
Fiona Kelly & Jane Kinkade

Sport News

Congratulations to our competitors in the Broken Bay Athletics Carnival held on Monday at the Academy of Sport. Two of our students progressed to the next carnival to be held in Newcastle next month. Hannah G will be representing Broken Bay in the Shot Put event and Oscar J in the 100m and 200m sprints. A great effort by all of our students.

Sam Carolan
Sports Teacher
School News & Community News

NUDEFOOD Day update!

We are coming into the final weeks of our first term of Nude Food Wednesdays at St Joseph’s! This important initiative has so far impacted on our school’s rubbish collection on Wednesdays, and has also hopefully had a positive impact on our students’ healthy eating habits!

Last week, our winning class was Year 2 on 90%. We are aiming for our whole school quota to be above 90%, so join the Nude Food revolution!

REMEMBER THAT THE WINNING CLASS AT THE END OF THE TERM WILL WIN COOL PRIZES, INCLUDING A MEGA-CLASS-PARTY!

Remember that each Wednesday is Nude Food Day at St Joseph's!

This information brought to you by Year 6 2016