



SEL

What is it?

-Track, identify, teach, monitor-

What is SEL?

Social Emotional Learning.....

Over the last 30 years, a large body of work has shown that children who are skilled at recognizing feelings, dealing with conflict, and exercising self-control are more likely than peers to succeed in school and to do well in life. And educators are paying increasing attention to social-emotional skill building. (<https://www.gse.harvard.edu/news/uk/15/08/kernels-learning>)

Our SCHOOL IMPROVEMENT PLAN (SIP) 2017-2019

Pastoral Care Domain- to focus on student well being for learning

- How do we know what skills are needed for student well being?
- By using a monitoring tool to track ,measure and teach needed skills for learning and living in community
- That tool is the **SEL continuum**

What are the SEL skill domains?

Self awareness

Self management

Social Awareness

Relationship skills

Responsible decision making

5 Domain areas

Expectations and examples change as children move through stages

Self-Awareness

Identifying Emotions, Recognising Strengths

Recognises emotions:

Recognise personal qualities and achievements:

Understand themselves as learners:

Develop reflective practice:

Self-Management

Managing Emotions, Goal Setting

Express emotions appropriately:

Develop self-discipline and set goals:

Works independently and shows initiative:

Become confident, resilient and adaptable:

Social Awareness

Perspective Taking, Appreciating Diversity

Appreciates diverse perspectives:

Contribute to civil society:

Understands relationships:

Relationship Skills

Communication, Building Relationships, Negotiation, Refusal

Communicates effectively:

Works collaboratively:

Responsible Decision Making

Analysing Situations, Assuming Responsibility, Respecting Diversity, Respecting Others, Problem Solving

Make Decisions:

Negotiate and resolve conflict:

Develop leadership skills:

What do we do in the classroom?

- **Track children on the SEL continuum twice a year**
- **Analyze the results and make decisions about which skills need to be taught and have a stronger focus**
- **SEL lessons taught through our day to day teaching, in PDHPE subject area and specifically with lessons**
- **Sometimes programs developed for a group for a short period of time to solve an issue.**