

**Term 2 Core Value:** Respect

**School Rule:** Do your best

**Respectful Relationships Focus:** Ask for help and assistance in a polite way

Dear Parents

Last week I was on long service leave and travelled to Uluru and Alice Springs. What beautiful country it is out there! The spiritual connection of the Indigenous people to the land is so evident. As the sign at Uluru discouraging tourists from climbing the rock says, *Challenge your thinking - Is this a place to conquer or a place to connect with?* I walked around the base and connected with the deep spirituality of the place, as I was travelling with seven long time female friends we especially felt it in the areas sacred to women.

I also visited the Alice Springs School of the Air and donated some books for their library - books are mailed to children for several weeks at a time to borrow. What an interesting way to be a teacher; no class in front of you, conversing through the web cams and able to 'mute' a child if they're calling out!

The outback is vast and remote, with the best night sky I've ever seen but I was still very happy to return to the salty air of Narrabeen and the happy smiling faces of the St Joey's children.

Sue Host, the acting principal whilst I was away left me very thorough notes for the week and wanted to share with me how welcome she was made to feel by the community and how impressed she was with the teaching and learning in the classrooms.

## **Tier 2 School Review- August 2019**

Next term our school will be part of the Catholic Schools Office (CSO) school review process. This is part of the cycle of school review in all the Diocesan schools. Tier 1 occurs yearly, all schools are 'checked' for compliance to NESA standards across areas such as teaching and learning programs, WHS and Child Protection standards. The Tier 2 process looks at quality more than just compliance and is a reflective process initially, evaluating the current 3 year School Improvement Plan (SIP) and then developing a new 3 year SIP for 2020-2022. Personnel from the CSO have already been visiting to check WHS plans and Staff accreditation documentation and other checks will be occurring through term 2 and 3. I will keep you informed of the process and any consultation that may be needed.

## **Afternoon dismissal**

As part of our obligation to duty of care legislation, we have an afternoon procedure for dismissal.

This means all children are accounted for by their teachers and handed to parents/guardians or put on a line supervised by a teacher. We ask that you co-operate with this procedure by picking up your child from the main playground and not outside the classroom doors where the busyness of pack up time can mean the teacher does not always know who has gone with whom.

## **Broken Bay Cross Country**

Congratulations to the seven boys who proudly represented us and the Peninsula Cluster at last week's Diocesan Cross Country Carnival.

## Events

I'd like to draw your attention to some upcoming events:

- 3 Jun **P&F Meeting** - next Monday night 7.30pm in the library. Come to hear/share about events and items
- 6 Jun **Parent Reflection Morning – Walking the Way** - next Thursday 6/6 in parish hall. A lovely initiative of the CSO to connect parents in conversation about family. See Cathy Gualtieri's information in the REC section of this newsletter
- 14 Jun **P&F Children's Disco**
- 17 Jun **Learning Together Playgroup No. 1** – in the parish hall, another CSO initiative to connect families with pre-schoolers in a fun early learning activity morning with our existing St Joseph's playgroup and our kinder teacher, Alison Jarman. See details later in the newsletter
- 24 Jun **Parent Teacher interviews** this week
- 1 Jul **Learning Together Playgroup No. 2**
- 2 Jul **Yrs 3 & 4 Rugby / Eagle Tag Gala Day**
- 4 Jul **Yrs 5 & 6 Rugby / Eagle Tag Gala Day**
- 5 Jul Last day of Term 2

## Term 3

- 22 Jul Staff Development Day (pupil free day)
- 23 Jul Students return – full winter uniform

School dates are on the [Google school calendar](#) on the website. It is worth checking the school calendar regularly.

Warm regards



**Virginia Outred**  
Principal

## School Communication

Link: [School Website, Calendar and Term Dates](#)

Link: [St Joseph's School App](#)

Link: [Qkr App payments, canteen orders](#)



## Religious Education News

### Visio Divina

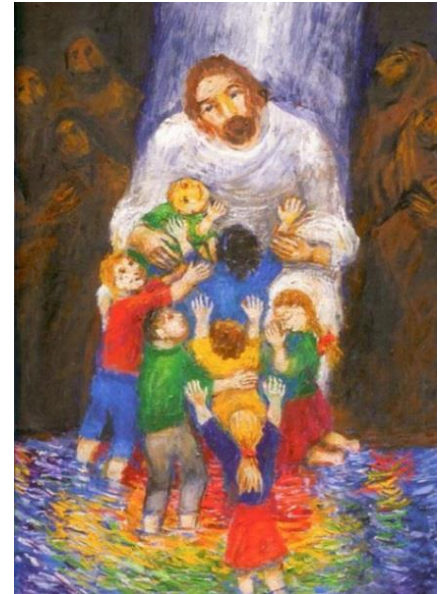
Year 1 have been praying using Visio Divina. Visio Divina is about 'seeing with the eyes of your heart.' What begins as an initial impression leads to a deeper understanding of our God who is never limited by an image.

The children listened to the passage from Marks Gospel 10:13-16 "Let the children come". They then explored the image below and reflected on "What do I see?", "What do I think?" and "What do I wonder?" This is a thinking routine that allows the children to develop a deeper level of reflection.

Abby reflected: *Jesus you have done so much, can we do something for you? All you can give me is love and all I need is you. Children if we share food we will be friends forever.*

Killian reflected: *Jesus take care of me and when I am sad or if I feel that someone has broken my heart.*

Yvette reflected: *Jesus I love you so much, you are my best friend outside of school.*



### Parish Family Mass

Thank you to all the children and families who celebrated Mass on Sunday at the Parish Family Mass. Father Robert welcomed all children to the front of the congregation and reflected on the Gospel with them. We were also lucky enough to witness the Baptism of three children and welcomed them into God's family.

### Parent Reflection Morning

On Thursday 6th June between 9:00-10:30am our school will be hosting a Parent Reflection morning. The morning will be facilitated by Mrs Jo Spek from the Catholic Education Office.

**Childminding is available on request** so I urge you to come along and take some time out for yourself. Please RSVP by email to [catherine.gualtieri@dbb.catholic.edu.au](mailto:catherine.gualtieri@dbb.catholic.edu.au)

**Catherine Gualtieri - Religious Education Coordinator**

**PARISH WEEKLY BULLETIN** to view click [here](#)  
**ALPHA AT THE LAKES** website link [here](#)



An invitation to  
**WALKING THE WAY**  
Inspiration for the Journey as we walk with our children

**Walking the Way – a parents journey**

Please join us at our next parent reflection session – an opportunity to stop and reflect on what it means to accompany our children in their journey of life, love and faith.

Gentle meditation, interactive discussion, engaging resources, a blessing and some beautiful refreshments to nourish and revive your spirit.

*"Do we seek to understand 'where' our children really are in their journey? Where is their soul, do we really know? And above all, do we want to know?"*  
Pope Francis

**SESSION DETAILS**

Date: Thursday 6<sup>th</sup> June  
Time: 9am-10.30  
Morning tea supplied  
Place: Lakes Parish Hall, Lagoon St Narrabeen  
RSVP: [catherine.gualtieri@dbb.catholic.edu.au](mailto:catherine.gualtieri@dbb.catholic.edu.au)  
Childminding available on request. Please include this in your RSVP



## Sports News

### Northern Beaches Term 2 Gala Days

As part of the school's PDHPE Program in Term 2 all the children in Years 3 to 6 will participate in a Gala Day. This year they are required to select a sport they wish to participate in. They all have the choice of **Eagle Tag** or **Rugby League**.

Please discuss with your child the sport he or she would like to choose, and complete the Google Form permission note by Thursday 6 June.

Link: [Term 2 Rugby & Eagle Tag Gala Days](#)

**DATES:** **Years 3 and 4 - Tuesday 2nd July 2019**  
**Years 5 and 6 - Thursday 4th July 2019**

**EAGLE TAG:** This is open to all boys and girls and is held at North Narrabeen Reserve, North Narrabeen.

**RUGBY LEAGUE:** Students who choose Rugby League must have a current rugby registration and are required to supply their own protective head gear, mouthguards and boots with non-metal studs. Please be aware they will be involved in tackling. This is to be held at Boondah Reserve.

**TRANSPORT:** Students will walk to and from the venue.

**UNIFORM:** Students playing eagle tag are to wear their sports uniform including a hat. Students playing Rugby League will be given a jersey to wear on the day.

**FOOD AND DRINK:** Please bring recess and lunch, you may wish to include some extra healthy snacks. Plenty of water to drink is essential. There is no canteen.

**SUNSCREEN:** Parents, sunscreen must be applied at home for the day. It is advised that sunscreen is brought on the day for your child to re-apply throughout the day.

**PARENT HELPERS:** We need parents to help with team supervision for the day. If you can offer your time to help supervise your child's team on the day please indicate below. This would be greatly appreciated.

Thank you for your continued support and assistance.

**Pauline Carlyle/Lisette Calleja, Emily Hobson/Kath McCamey, Olivia Preston and Kath Fogwell**  
**Stage 2 and Stage 3 Teachers**

### Eagle Tag NRL Skills Clinics

Stages 2 and 3 are walking to Lake Park, Narrabeen on a Thursday as part of their NRL skill lessons.

- Years 3 and 4 will leave school at 10.55am, and return by 12.30pm.
- Years 5 and 6 will leave school by 11.35am and return by 1pm.

The students will be participating in Eagle Tag, there will be no tackles. We will have an early morning tea to allow students time to walk to the park and all will be back for lunch time.





## Library News Term 2 Week 5

## Premier's Reading Challenge

In the last two weeks the children in Stage 1 enjoyed Cinderella (Book id 7269) and *Goldilocks and the three bears* (Book id 38577). These can be added to your child's Premier's Reading Challenge. The books about seasons that Kindergarten enjoyed are not on the PRC list.

You have until August to complete the Challenge. If your child is having trouble locating books on the list please let me know and I will help them find suitable books.

***Fran Jones – Teacher/Librarian***



## Learning Together Playgroups

St Joseph's will be holding five **"Learning Together Playgroups"** during June, July and August. These will run on Monday mornings in conjunction with the Parish playgroup. We believe they will supply all pre-schoolers and their parent/s with opportunities to meet other families in the local area, engage in playful learning activities and develop new skills.

The playgroups will be facilitated by early learning educators and staff from the Catholic Schools Office.

All preschool children families and carers are welcome – no RSVP required.

Spread the word!



## Term 2

Monday 17 June  
Monday 1 July

### Term 3

Monday 29 July  
Monday 12 August  
Monday 26 August

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL, NARRABEEN

**ALL SESSIONS: 9.00 - 10.30AM**

**Term 2:** Monday 17<sup>th</sup> June and Monday 1<sup>st</sup> July

**MEET IN THE SCHOOL HALL:**  
108 Ocean Street, Narrabeen 2101  
**Morning tea provided**

**Term 3:** Monday 29<sup>th</sup> July,  
Monday 12<sup>th</sup> and  
Monday 26<sup>th</sup> August

**Like more information?**  
Phone: 9913 3766 or email:  
[sin@dbb.catholic.edu.au](mailto:sin@dbb.catholic.edu.au)

ALL PRE-SCHOOL CHILDREN, FAMILIES  
AND CARERS ARE WELCOME - NO RSVP  
REQUIRED

Community of Catholic Schools  
DIOCESE OF BROKEN BAY

## 2019 School Disco

### Are you ready to shake it up?

Our school disco will be held on the 14<sup>th</sup> June and this year we are doing things a little differently!

We will be holding two Discos on the night at separate times.

- Junior (K-2) 5.30-6.45pm
- Senior (3-6) 7.00-8.30pm

This will result in a less crowded hall, less overwhelmed little ones, and more space for everyone to dance and enjoy themselves.

### Junior Disco

This will be the same as past discos whereby parents stay and supervise the children. If you wish to share the responsibility with another parent then feel free, so long as your child has a responsible carer on the night. Younger siblings (**ie pre-schoolers and toddlers**) are welcome to stay!

### Senior Disco

This year we are trialling a change to our Senior Disco. Parents will not be required to stay and instead the Year 4 parents will supervise the children at the disco. Only Year 4 parent volunteers will be allowed in the hall, with exceptions on request. Doors will be locked and the children will be signed in/out by their parent or carer. Please ensure you adhere to the pickup/drop off times stated above and your contact details are up to date with the school office.

Hopefully this creates a safe, enjoyable atmosphere and parents can enjoy a little break 😊

If our trial is considered a success by yourselves and the school, then we may be able to extend the changes to the Junior Disco next year.



See flyer for event info. **Tickets are available on QKR until 10<sup>th</sup> June.**

Any questions please shout out to Sally Miles or Michelle Robinson (Year 4 Class parents).

## Messages from the office

**Second Hand Uniform Shop** – As we have very limited stock in the second hand uniform shop, **BEFORE** placing any orders on Qkr please contact Amy Fittler who will let you know if size/stock is available. Amy can be contacted on 0421 981 485.



**Parent Volunteers** – We love parents volunteering at St Joseph's.

**All volunteers should sign in at the office on arrival, and sign out when leaving.**

When you volunteer for the first time please attend the office to complete a [Volunteer Declaration Form](#) and provide ID (drivers licence). You will also be taken through a short induction regarding emergency procedures at St Joseph's.




**Qkr & canteen orders** - Did you know you can place your Qkr canteen orders days, or even weeks, in advance? You do not need to wait until the day you require the lunch order. Avoid missing the cut off by placing your orders a few days before.

**School App** - Do you have the school APP on your phone? We use this APP to send notifications and reminders, ie "cut off date for Mother's Day orders". There is a page on our school website [here](#) with all information on how to download, and the functions available from the APP.



**iTunes:** <https://itunes.apple.com/us/app/st-josephs-primary-school/id1203501732?mt=8&ign-mpt=uo%3D4>

**Google Play:** <https://play.google.com/store/apps/details?id=com.fraynetwork.dbb.sjn>

School Band	OOSH Northern Beaches	School Fees
<p>If your child is interested in joining the school band, please contact Monique Warokka at <a href="mailto:monique@roarmusicnorthernbeaches.com">monique@roarmusicnorthernbeaches.com</a> or 9984 0369</p> <p>Band rehearsals are on Monday and Tuesday mornings at St Joseph's.</p> 	<p>All enquiries for Before and After School Care can be directed to either Flavia (on site before and after school), by phone (9984 8089) or email <a href="mailto:manager@ooshnb.com.au">manager@ooshnb.com.au</a>.</p> <p>Before school care is from 7am-9pm, and after school care finishes at 6pm.</p>	<p>Instalment schedule payment dates for school fees can be found on our school website <a href="#">here</a>.</p> <p>The Fee Liaison Unit (FLU) at the Catholic Schools Office looks after all enquiries regarding overdue school fees and financial hardship. The contact for St Joseph's Narrabeen at FLU is:</p> <p>Name: Angela Prakash Tel: 9847 0738 Email: <a href="mailto:schoolfees@dbb.org.au">schoolfees@dbb.org.au</a></p>

## Canteen Roster & News

The canteen is open Mondays and Fridays provided we have volunteers. On dates where we still need more volunteers, the canteen and ordering on Qkr will remain closed until volunteers are found.

**Volunteers must sign-in at the school office prior to working in the canteen.**

If you are able to volunteer, please email Donita at: [donita.kerin8@gmail.com](mailto:donita.kerin8@gmail.com)



TERM 2	MONDAY		FRIDAY
27 May	Kelly Therkelson Justine Clarke	31 May	Cybelle Massey Annette Bagot
3 Jun	Lasha Evans Kelly Casey	7 Jun	Jess Cripsi Nuala Quigley
10 Jun	<b>Closed – Public Holiday</b>	14 Jun	Michelle Grice Claire Littler
17 Jun	Jo Donaldson Closed – Need another volunteer	21 Jun	Closed – Need 3 Volunteers
24 Jun	Kelly Therkelson Sarah Reid	28 Jun	Closed – Need 3 Volunteers
1 Jul	Jo Donaldson Closed – Need another volunteer	5 Jul	Cath Strbik Closed – Need 2 extra Volunteers



**Live Life Well @ School**  
**LESS SALT, MORE FLAVOUR!**

Use **herbs** and **spices** (fresh or dried)  
to add flavour to meals *instead* of salt.  
The list is endless!  
Try basil, oregano, rosemary, paprika, cumin.

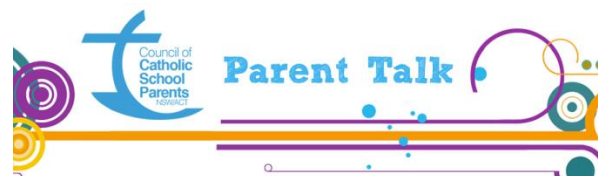
**Top tips:**

Avoid dried herbs labelled 'seasoning' as they contain salt.

Try swapping Mexican taco seasoning for a spice mix of **2 tsp paprika, 2 tsp coriander and 3 tsp cumin**

For recipe inspiration, search 'herbs and spices' at [heartfoundation.org.au](http://heartfoundation.org.au)

 **Health**  
Northern Sydney  
Local Health District



The May 2019 edition of Parent Talk has now been published and can be viewed [here](#).

## Furniture Sale

Furniture and chairs are located upstairs in our old computer lab (next to year 6 classroom). You will need to remove any furniture you purchase (ie take down the stairs).

The slide is located at ground level in a storeroom.

- Grey plastic desk chairs on wheels- \$10 each (22 available)
- Large rectangular computer desks - \$20 each
  - 3 desks 1.5m wide x 1m deep (picture below is 1.5 x 1m desk)
  - 7 desks 2m wide x 1m deep (can accommodate 2 people per desk)
- Slippery slide- FREE (would attach to elevated cubby house)

