

**Term 1 Core Value: Community**

**School Rule:** Give way at doors or stairwells for adults

**Respectful Relationships Focus:** Move safely at all times

Dear Parents

**P&F event last Friday - welcome to new parents**

The weather stayed fine (just a couple of drops) for our welcome to parents evening. Although a small group we had a very enjoyable casual get together to unwind and catch up.

Many thanks to the kinder class parents, Amy and Sarah for organising some delicious nibbles that looked so festive under the tree with lanterns.



**Ash Wednesday Mass and Liturgy**

Yesterday marked the start of the church season of Lent with Ash Wednesday. The years 3-6 children attended the 11.30am Parish Mass and were so reverent during Mass and the receiving of ashes on their forehead that many parishioners commented on their respectful behaviour. Our Year 3's enacted the gospel and helped us to truly understand how to pray, fast and give during the season of Lent. The K-2 children visited the church for a short liturgy and also received the ashes. The children have an understanding of the meaning of Lent and the symbols. Ask your child about what they know.

**New Facebook page**

We now have an official school [Facebook page](#)! There is also a link on our website front page.

The purpose of this page is to share our day to day life at St Joseph's and advertise our school to the wider community, to share what we offer here at our beautiful community of St Joseph's. Please 'like' our page and share with relevant groups.



There is an administrator from the promotions and marketing department at the Catholic Schools Office (CSO) who advises and assists with this page.

The class FB pages you access with your class parent as administrator are still active and serve the purpose as a communication tool for parents in your class.

**FREE parent workshop - Resilient Child - Friday 13 March, 9-11am**

I am very pleased to offer this quality free education session for all parents presented by the CSO parent education team. Resilience is a quality that strengthens our mental health and enables us to cope better with life.

*Looking at research from Beyond Blue, and Dr Justin Coulston's '9 ways to a resilient child'. This session unpacks 3 areas in a child's life that impact resilience. The unique child, family connections and community. We look at the strengths of the child and how families can best nurture those abilities and skills.*

Please see the flyer in this newsletter for details and email your response to the school as indicated

### Open Morning – Tuesday 17 March at 9.15am

Our school will be open for prospective new families for 2021 to tour rooms and listen to a talk about our school.

Usually, we would ask our year 6 students to escort the visitors around the school as they are often the ambassadors for our school. However, on that day our year 5&6 students will be at the term 1 Gala day due to a change of date with Northern Beaches Council.

I am asking if there are any parents who would be able to be 'tour guides' and show the visitors around for about 20 minutes from 9.30am on 17 March. Please call Kerrie in the office if you can volunteer for this role.

The best advertisement for our school is word of mouth by our existing parents. Please spread the word to families you know who may be looking for a school next year about our Open day. I will be delivering advertising flyers to our local preschools in the next week or two.

### BYODD iPads

Information about the specifications for a BYODD iPad, the student and parent agreements about use and care and the list of apps to load are now all available on the school website on our dedicated [BYODD page](#). Remember your child can bring in their device at any time during the year to have it connected.

Curriculum notes for Term 1 2020 can be found on our school website [here](#).

### Calendar reminders

Mon 2 Mar	Northern Beaches Cluster Swimming Carnival
Tue 3 Mar	Yr 3 Mater Maria Links Day
9-10 Mar	Yrs 5 & 6 Leadership Camp
Thurs 12 Mar	Open Classrooms – RE Reflection (2.20pm)
Fri 13 Mar	Resilient Child Workshop – 9-11am in library

School dates are on the [Google school calendar](#) on the website. It is worth checking the school calendar regularly.

Warm regards



**Virginia Outred**  
Principal



Like and follow us at on [Facebook](#)

### School Communication

Link: [School Website, Calendar and Term Dates](#)  
Link: [St Joseph's School App](#)  
Link: [Qkr App payments, canteen orders](#)

## Enrolment – Kinder 2021

Our school open day for new enrolments for kinder (and other grades) for 2021 is **Tuesday 17 March**. Enrolment packs will be available on open day, or can be collected from the office.

### 2021 Sibling Enrolments

Enrolment packs have been sent home **today** to families who have advised they have a child due to commence school in 2021. Please complete and return to the school office.

Enrolment interviews for our kinder 2021 intake will be held on **18, 21, 22, 26 & 28 May 2020**.

If you have a child due to start school next year and did NOT receive a pack home today, please contact the office and we will send a pack home.



Enrolling now  
for 2021



**Open Morning**  
9.15–10.15am, TUESDAY 17 MARCH 2020



### DISCOVER WHAT A CATHOLIC EDUCATION CAN OFFER YOUR CHILD.

Fostering children's academic, social, physical and spiritual growth through our motto, *"Build in Love"*. School tours can also be arranged by appointment.

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL 108 Ocean Street Narrabeen NSW 2101  
TEL 02 9913 3766 EMAIL [sjn@dbb.catholic.edu.au](mailto:sjn@dbb.catholic.edu.au) WEB [sjndbb.catholic.edu.au](http://sjndbb.catholic.edu.au)

## Religious Education News

Yesterday we celebrated Ash Wednesday. We have now entered into the Liturgical season of Lent. Lent reflects the 40 days Jesus spent in the desert fasting and praying. I have attached a link to a Family Care for Creation Lenten Calendar: [https://drive.google.com/file/d/1GjGc\\_olpuqFtw3mcEF4yvzwhjqezfFIU/view](https://drive.google.com/file/d/1GjGc_olpuqFtw3mcEF4yvzwhjqezfFIU/view)

All families have also received a Caritas – Project Compassion donation box to help support those in need. The three ways we can prepare during Lent is Prayer, Helping Others and Self-denial. All children have been writing Lenten Promises in class. What will be your Lenten Promise?

### St Therese of Lisieux Relics Visit

On Friday 6 March the relics of St Therese of Lisieux and her parents, St Louis and St Zelig, will be visiting the Diocese of Broken Bay and our Parish. Representatives from Catholic Mission will accompany the relics to our Parish.

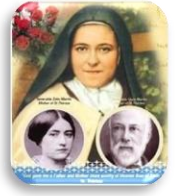
The relics will be at the St Joseph's Narrabeen from Friday 6 March 1:30pm - until Saturday 7 11:00am.

**All classes will be visiting the church in the afternoon for prayers and veneration. If you have any questions or concerns about this, please see your classroom teacher or myself.**

**Catherine Gualtieri - Religious Education Coordinator**

**PARISH WEEKLY BULLETIN** to view click [here](#)

**ALPHA AT THE LAKES** website link [here](#)



How can we help children develop their resilience and cope better with the ups and downs of school life? What strategies develop "mental health fitness" in children and lifelong wellbeing skills?

Join us for a workshop that will provide you with:

- A better understanding of what is "wellbeing"
- Strategies for building resilience and coping skills
- Ideas to develop "mentally fit" children
- Building a growth mindset at home.



Friday-13-March-2020-at-9:00am

St-Joseph's-Primary-School,-Narrabeen

RSVP to the School Office or email  
sjn@dbb.catholic.edu.au by Tuesday 10-March

YES! I will be attending "The Resilient Child" workshop

Name(s) \_\_\_\_\_ Child's Class \_\_\_\_\_



## Northern Beaches Catholic Schools Gala Days

As part of our PDHPE program at St Joseph's Catholic Primary School all students in Years 3-6 will participate in the Northern Beaches Catholic Schools Gala Days.

This year students will have a choice of either Cricket or Soccer.

**GOOGLE PERMISSION FORM:** <https://tinyurl.com/rm7yynt>

**DATES:**

Years 5 and 6 - Tuesday 17th March 2020

Years 3 and 4 - Thursday 19th March 2020

**VENUE:**

Soccer - David Thomas and Millers reserves Manly Vale

Cricket - North Narrabeen Reserve

**TIME:** 9.30am - 1.45pm

**TRANSPORT:**

Soccer - Children will be transported to the venue by bus and return by bus back to school in time for normal school dismissal.

Cricket - Students will walk with teachers to and from the venue.

**UNIFORM & EQUIPMENT:** Children are to wear the correct sports uniform and school hat.

For Soccer - Children are to wear either sneakers or soccer boots (which must have moulded studs) and long socks. SHIN PADS are also COMPULSORY.

**FOOD & DRINK:** Please bring recess and lunch, you may wish to include some extra healthy snacks. Plenty of water to drink is essential.

**SUNSCREEN:** Parents, sunscreen must be applied at home for the day. It is advised that sunscreen is brought on the day for your child to re-apply throughout the day.

If a student requires medication this is to be brought with them on the day and given to the supervising teacher.

**ASSISTANCE IS REQUIRED:** We need parents to help with team supervision for the day. Thorough knowledge of the game is not required as referees will be provided. If you can offer your time to help supervise your child's team on the day please indicate on the google form. This would be greatly appreciated.

Thank you

***Mrs Nicola Frost - PE Teacher***



## Canteen Roster & News

### Clarification of canteen operation and Qkr ordering

- The canteen is open Mondays and Fridays **provided we have volunteers**.
- Any student who wishes to buy **lunch** from the canteen needs to have a Qkr lunch order placed.
- Lunch orders can be submitted on Qkr **two weeks in advance**.
- Please avoid trying to order "on the morning" as Qkr gets very busy and you may not be able to process your order.
- Please take note of the date you select for "**order delivery**". There is a two week period on the screen to choose from.
- On dates where we do not have volunteers, you cannot "accidentally" place a Qkr order. The system is closed off.
- Please check the newsletter weekly to see when the canteen is open.
- Volunteers must sign-in at the school office prior to working in the canteen.**
- If you are able to volunteer, please email Georgia at: [georgia\\_brizell@hotmail.com](mailto:georgia_brizell@hotmail.com)



TERM 1	MONDAY		FRIDAY
24 Feb	Kelly Therkelsen, Sarah Reid, Debbie Carter	28 Feb	Cybelle Massey, Maura Stewart, Amelia Damianidis (10am)
2 Mar	<b>CLOSED – volunteers needed</b>	6 Mar	Michelle Grice, Yvette Payne, Claire Littler, Nichole Cook
9 Mar	Kelly Casey, Justine Cattle	13 Mar	Alana Lindsay <b>EXTRA experienced volunteer needed</b>
16 Mar	Kelly Therkelsen, Amy Fittler	20 Mar	Georgia Brizell, Catherine Strbik
23 Mar	Juliana Paim, Kesaia Waara <b>EXTRA experienced volunteer needed</b>	27 Mar	Cybelle Massey, Christina Prior
30 Mar	Jodie Petersen, Lucy Jessup	3 Apr	Michelle Grice, Yvette Payne, Claire Littler, Nichole Cook
6 Apr	Sarah Reid, Amy Fittler		<b>SCHOOL HOLIDAYS / EASTER</b>

## Diocesan & High School Notices



**MATER MARIA CATHOLIC COLLEGE**  
COMMUNITY • FORMATION • SUCCESS



### OPEN DAY 2020

**WEDNESDAY 4 MARCH 2020**  
**4PM TO 7PM**

*You're invited to visit our NEW facilities, meet the students, staff and experience an evening at Mater Maria Catholic College*

Year 7, 2022 applications close on Friday 3 April, 2020

For more information please contact our Enrolment Registrar on 02 9997 7044 or email [deborah.fitzgerald@dbb.catholic.edu.au](mailto:deborah.fitzgerald@dbb.catholic.edu.au)

Applications for current Years 7 - 11 are also welcome

[matermaria.nsw.edu.au/enrolments](http://matermaria.nsw.edu.au/enrolments)

MATER MARIA CATHOLIC COLLEGE • 5 FOREST ROAD WARRIEWOOD NSW 2102  
T 02 9997 7044 • W [matermaria.nsw.edu.au](http://matermaria.nsw.edu.au)

**OUTSTANDING RESULTS IN THE HIGHER SCHOOL CERTIFICATE.  
RANKED 99<sup>TH</sup> IN THE STATE.**



**MERCY CATHOLIC COLLEGE**

## OPEN DAY

SUNDAY, 1 MARCH 2020 11AM-2PM

TOUR OUR COLLEGE GROUNDS INCLUDING OUR NEW  
GILCHRIST CAMPUS DESIGNED TO CATER  
FOR 21<sup>ST</sup> CENTURY LEARNING.

CATHOLIC GIRLS SECONDARY COLLEGE, YEARS 7 - 12  
[MERCYCHATSWOOD.NSW.EDU.AU](http://MERCYCHATSWOOD.NSW.EDU.AU)







FRIDAY FEBRUARY 28, 2020

# OPEN DAY

3:45PM - 7:00PM



**ST AUGUSTINE'S**  
COLLEGE - SYDNEY

**OFFERING A DIVERSITY OF SUCCESS**  
YEAR 5 AND 6 INSTRUMENTAL PROGRAM

[www.saintaug.nsw.edu.au](http://www.saintaug.nsw.edu.au)

## CATHOLIC SCHOOLS OFFICE PARENT EDUCATION NEWS AND EVENTS

Linked is the first edition of the CSO Parent Education Newsletter. The newsletter provides a snapshot of CSO Parent Education courses, parent websites and links to articles.

Link: [https://mailchi.mp/7478d1b74240/cso-parent-education-news-and-events-calendar-term-1?e=\[UNIQID\]](https://mailchi.mp/7478d1b74240/cso-parent-education-news-and-events-calendar-term-1?e=[UNIQID])

We warmly invite you and your family to join us at our 2020 College Open Day.





## OPEN DAY

Sunday  
**8 MARCH 2020**  
9:30am - 1:30pm  
128 MILLER STREET, NORTH SYDNEY

**HIGHLIGHTS**

- Principal's Address
- College Tours
- Live Music
- Interactive Displays and Demonstrations
- Historical Exhibitions
- Face Painting
- Guest Entertainers
- Artisan Gelato

- Coffee Cart
- Cafe and BBQ
- Student Showcases
- Sporting Activities and Demonstrations
- Passports - explore the campus and activities with your children, stamp their passport along the way and receive a small gift upon completion.

**Bring the family!**

Visit our website [www.monte.nsw.edu.au](http://www.monte.nsw.edu.au)

## Live Life Well @ School

### HEALTHY LUNCH BOXES

Pack your child a

## HEALTHY LUNCH BOX

Choose a variety of foods from each food group



Fruit	
+	
Vegetables	
+	
Dairy	
+	
Wholegrains	
+	
Lean meat & alternatives	
<b>= A Healthy Lunch Box</b>	

More ideas:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



**Health**  
Northern Sydney  
Local Health District

## Contact information from the office

### Parent Volunteers

We love parents volunteering at St Joseph's.

All volunteers should sign in at Compass Kiosk in the office on arrival, and sign out when leaving.

When you volunteer for the first time please attend the office to complete a [Volunteer Declaration Form](#) and provide ID (drivers licence). You will also be taken through a short induction regarding emergency procedures at St Joseph's.



### Compass Parent Portal

There are two ways to access Compass - using the parent portal on any modern web browser or using the 'Compass School Manager' app on your mobile device. Parents can enter full day absences, access student academic reports, school calendar and update contact numbers and email addresses via Compass. All parents have their own individual login details (emailed direct to you from the CSO).

**WHOLE DAY ABSENCE** ..... Enter via the APP on your phone (sick, holiday) – you do not need to change the times, the default of “8am to 5pm” covers the school day. Absences of 10 or more days - [Request for Leave](#) form must be submitted to the office as well as entering via APP

**ARRIVING TO SCHOOL LATE** .. Enter via Kiosk in school office


**LEAVING SCHOOL EARLY** ..... Enter via Kiosk in school office

### Kiss & Ride Reminders

Please exit the K&R zone as soon as you have loaded/unloaded your child/ren. **Please do not stop to chat / leave your vehicle.**

Please enter the queue from Wellington St, making a left turn into Lagoon Street and the K&R zone.

For the safety of all students, please do not make U-turns in Lagoon St outside the school/church/bus zone/K&R zone

School Fees	Qkr & canteen orders	School App
<p>Instalment schedule payment dates for school fees can be found on our school website <a href="#">here</a>.</p> <p>The Fee Liaison Unit (FLU) at the Catholic Schools Office looks after all enquiries regarding overdue school fees and financial hardship.</p> <p>The contact for St Joseph's Narrabeen at FLU is:</p> <p>Name: Brendan Smith Tel: 9847 0738 Email: <a href="mailto:schoolfees@dbb.org.au">schoolfees@dbb.org.au</a></p>	<p>Did you know you can place your Qkr canteen orders days, or even two weeks, in advance?</p> <p>You do not need to wait until the day you require the lunch order.</p> <p>Avoid missing the cut off by placing your orders a few days before.</p> <p>Qkr FAQs can be found on our school website <a href="#">here</a>.</p> 	<p>Do you have the school APP on your phone? We use this APP to send notifications and reminders, ie “cut off date for Mother's Day orders”.</p> <p>There is a page on our school website <a href="#">here</a> with all information on how to download, and the functions available from the APP.</p> <p>iTunes <a href="https://itunes.apple.com/us/app/st-josephs-primary-school/id1203501732?mt=8&amp;ign-mpt=uo%3D4">https://itunes.apple.com/us/app/st-josephs-primary-school/id1203501732?mt=8&amp;ign-mpt=uo%3D4</a></p> <p>Google Play <a href="https://play.google.com/store/apps/details?id=com.fraynework.dbb.sjn">https://play.google.com/store/apps/details?id=com.fraynework.dbb.sjn</a></p>

School Band	OOSH Northern Beaches	Second Hand Uniform Shop
<p><b>Roar Music Northern Beaches</b></p> <p>If your child is interested in joining the school band, keyboard or recorder groups, please contact Monique Warokka at <a href="mailto:monique@roarmusicnorthernbeaches.com">monique@roarmusicnorthernbeaches.com</a> or 9984 0369</p> 	<p>All enquiries for Before and After School Care can be directed to either Flavia (on site before and after school), by phone to OOSH head office (9984 8089) or email <a href="mailto:manager@ooshnb.com.au">manager@ooshnb.com.au</a>.</p> <p>Before school care is from 7am-9pm, and after school care finishes at 6pm.</p> <p>Website: <a href="http://www.ooshnb.com.au">www.ooshnb.com.au</a> Head Office: 9984 8089 St Joseph's OOSH: 0422 000 693</p>	<p>As we have very limited stock in the second hand uniform shop, BEFORE placing any orders on Qkr please contact Amy Fittler who will let you know if size/stock is available.</p> <p>Amy can be contacted on 0421 981 485.</p> <p>New uniform items can be purchased from Lowes at Warriewood Square, or online.</p> 



### *The Lakes Parish Children's Choir has begun!*

Rehearsals take place on Wednesday afternoons from 3:30pm-4:30pm in the Parish Hall, next to St. Joseph's Church in Narrabeen.

We are seeking members from Years 2 - 6 for this exciting new choir, led by Nathan Stark. Nathan is an opera singer who trained at WAAPA in Perth and has spent the past few years performing with the West Australian Opera. Nathan is also a passionate and experienced choir director and educator, having worked on many choral and music-in-education projects across Australia, including as a long-serving tutor with the Australian Girls Choir.

The Lakes Parish Children's Choir rehearsals will focus on singing skills and repertoire, but will also incorporate drama, movement, musicianship and working as an ensemble. Best of all - it's FREE! The choir will sing at selected weekend Masses and special Church occasions throughout the year.

Students who attend St Joseph's are invited to move straight to the Parish Hall after the school bell for a light afternoon tea, followed by some fun icebreakers/warmups. Official rehearsal starts at 3:30pm to allow students from other schools to come and join in time. See you there - and bring a friend!

For more information, contact the Parish  
Office: [Lakesparishoffice@bbcatholic.org.au](mailto:Lakesparishoffice@bbcatholic.org.au)

Come and join...



### CHILDREN'S CHOIR!

It's FREE!



for ALL children in Years 2-6

WHEN: WEDNESDAYS  
3:30pm - 4:30pm  
WHERE: Fr. Amiel Sobb Hall  
Lagoon St, Narrabeen  
WITH: Nathan Stark



For more information:  
[Lakesparishoffice@bbcatholic.org.au](mailto:Lakesparishoffice@bbcatholic.org.au)

### PILGRIMAGE OF ST THERESE AND HER PARENTS FRIDAY 6 MARCH 2020

10am	Arrive Church of St Rose – School Children attend
11am	Quiet Prayer
11.30am	Mass
12.45pm	Depart
1pm	RSL Life Chapel pass by
1.30pm	Arrive Church of St Joseph
2pm	School Children attend
2.45pm	Quiet Prayer
5.30pm	Evening Prayer
6pm	Quiet Prayer
7pm	Stations of the Cross followed by Sacrament of Penance
7.30pm	All Night Vigil Begins
9pm	Night Prayer
12pm	Midnight Mass
	Church open for prayer
7.30am	Morning Prayer
8.15am	Relics depart for OLOR Cathedral

