

Kindergarten Suggested Daily Timetable/Home-Based -Learning Expectations



*This is just a guide! Please be flexible and do what works best for your child and family situation each day.

Morning	<i>*Generally children are more focussed and work best in the morning so try to do English and Maths activities at this time as well as more formal learning.</i>
English	<ul style="list-style-type: none"> ● Reading Practice: home-reader/Wushka online book ● Practising reading Humpty Wall words/alphabet sounds. ● 1 or 2 Seesaw/Studyladder online Literacy activities Or <p>An English activity from the Home-Learning Grid</p> <ul style="list-style-type: none"> ● Listening to a book being read either by parent/family member or online. <p>*Find stories online here...</p> <p>https://www.weareteachers.com/virtual-author-activities/</p> <p>https://www.storylineonline.net/</p>
Maths	<ul style="list-style-type: none"> ● 1 or 2 Seesaw/Studyladder online Maths activities OR <p>A Maths activity from the Weekly Home-learning Grid</p> <ul style="list-style-type: none"> ● Mental Maths – Counting forward and backwards from 0 to 20 /50/100. Counting on from a random number 0m-100.
Afternoon	<i>*Give your child sufficiently long break for lunch and free-play</i>
Science/History/ Creative Arts/R.E/PDH	<ul style="list-style-type: none"> ● Choose 1 activity per day (Either Science/History/Creative Arts/RE/PDH) from the weekly Home Learning Grid for the week or an activity of your own choice linked to these areas.
PE	<ul style="list-style-type: none"> ● Use Go Noodle/Cosmic Yoga/Joe Wicks workouts to get some exercise or choose your own fun activity indoors or outdoors to get moving! <p>https://www.youtube.com/user/CosmicKidsYoga</p> <p>*Sign up free to use www.go.noodle.com</p>
Other	<p><i>Ensure lots of breaks in the day and time for play-based learning;</i></p> <ul style="list-style-type: none"> ● Role-play with dolls/figures/cuddly toys/vehicles/tea-sets/shops/dress-ups/making a den indoors etc ● Construction play to help fine-motor, problem-solving, technology and imagination (Lego/building kits/models etc) ● Helping in the kitchen with cooking, baking, setting the table/Jobs around the house ● Creative story-telling and writing: your child can tell you a story and you write it down for them to illustrate. Write letters/make cards for people. ● Art and craft activities including junk modelling for fun! ● Singing and dancing for pleasure; ask them to put on a show for you!
Wellbeing	<p><i>*Please ensure your child has time-out and engages in activities that they enjoy to ensure their mental health and wellbeing.</i></p> <p>Your child may like to take part in some child-friendly meditations:</p> <p>https://www.youtube.com/watch?v=MvXYDvam084</p>

