

Term 1 Core Value: Community

School Rule: Learn and let others learn

Respectful Relationships Focus: Offer to help someone who's having trouble

Dear Parents

Feast of St Joseph

Today is the feast day of St Joseph, our school's patron saint. As all Masses have now been cancelled we gathered outside under the shade cloth and Year 5 led us in a short liturgy to celebrate. Thank you Year 5 and Miss Preston!

CoVid-19 information and developments

My email on Monday this week explained how we are implementing personal hygiene practices across the school. The children are on board with it and doing very well after a day of being a little too zealous with the soap!

The link below to a clip by renowned child psychologist, Michael Carr-Gregg gives information about how to talk to our children about the virus and changes to our life at the moment without causing undue anxiety.

https://schooltv.me/wellbeing_news/special-report-coronavirus

School closures for government schools and Catholic systemic schools have not been announced yet. However, we as a staff are preparing by exploring ways to communicate and set work tasks for home learning if that situation does arise for us.

At the moment we will not be providing extra work to students who are at home. Your child can access study ladder from Google classroom pages if in years 3-6 and do some reading. If you are a member of our public libraries you can use the e-library apps to download books to devices

<https://www.northernbeaches.nsw.gov.au/library/elibrary>

Meanwhile, I implore you - **please follow the government advised rules about keeping your children at home if they are sick and self-isolating if you have returned from overseas.**

Your child may only have a cough or common cold but if that spreads it will reduce the immune systems of many of us.

Here are links to that information:

<https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-suspected.aspx>

<https://www.health.nsw.gov.au/Infectious/factsheets/Pages/hubei-contacts-and-travellers.aspx>.

Additional recommendation from Broken Bay

It is our strong recommendation that any staff or student who is in a household with someone who is returning from overseas (no suspected case of COVID-19 yet) is also to self-isolate for 14 days

A Letter from the Most Reverend Anthony Randazzo, Bishop of Broken Bay can be found on our website [here](#).

Wellbeing week

This week has been wellbeing week for us at school. Year 5&6 led wellbeing groups on Monday afternoon (see Brenda Paul's entry later in the newsletter). On Wednesday we wore our sports uniform to be comfortable and had some extra sport outside in the sunshine and fresh air. The Year 6 fundraiser hot dog day added to the sense of fun. Thanks to the year 6 mums who went to the ends of the earth to source buns and hot dogs to be able to provide this treat. Thanks to the wellbeing team for their ideas.

Open Day Thank You

On Tuesday we welcomed a group of prospective new families to our Open Day.

Although the year 6's were disappointed their gala day had been cancelled that day it meant they could be the tour guides for the families. Every family commented on the Year 6 guides; their manners, their confidence and their obvious pride in the school. Year 6 are to be congratulated for being the best ambassadors for our school.

We are now advertising for families to take a personal tour if they are interested in enrolling for 2021. Please spread the word if anyone makes enquiries.

Resilient Child - Parent education workshop

Last Friday, 18 parents gathered in the library for a very informative and engaging session with CSO parent liaison officer, Jeanne McDonnell. I think everyone walked away with new thoughts and plans of what to try with their children to build resilience. Jeannie's handout had many links to some great sites. **Links to interesting videos on the subject:**

Positive Psychology:

- What is positive psychology: <https://www.youtube.com/watch?v=1qJvS8v0TTI>
- With Dr. Martin Seligman:
<https://www.bing.com/videos/search?q=martin+seligman+youtube&view=detail&mid=DD4A6013C0475C33A2C5DD4A6013C0475C33A2C5&FORM=VIRE>

Resilience:

- What is Resilience: Dr. Andrew Fuller: <https://www.youtube.com/watch?v=EWLqtErLPPA&app=desktop>
- How to Develop Resilience: 5 Steps to Develop Resilience.
<https://www.youtube.com/watch?v=ahdbmWNXAhY&app=desktop>
- School AtoZ: Build your Child's Resilience <https://www.youtube.com/watch?v=ote4O3XTZUU>
- Phil Hanson – Embrace the Shake. What it means to be different:
<https://www.bing.com/videos/search?q=embrace+the+shake&view=detail&mid=94C30647003A7EE5579B94C30647003A7EE5579B&FORM=VIRE>

Growth Mindset:

- https://www.youtube.com/watch?v=-_ogghnxBmY&t=22s (Tortoise and Hare Parable/ I can't do it yet.)

We shall continue our parent education sessions next term with a 45 minute session on mathematics teaching and learning. We are currently finalising the date for this.

Cross-country- Tuesday 24 March - For 8-12 year olds only

We are still planning to hold our cross country on Tuesday (weather permitting). This will purely be for fun as the follow on representative events have now been cancelled. Participating is optional. We will only be walking down to Berry reserve with those children who have permission filled in from the [google form](#).

National Day of Action- Anti-bullying day - 20 March

Although the actual planned events for this day have been cancelled by the organisers, some of our classes participated in an online interactive session about cyber bullying on Tuesday. This helped children to understand how to stay safe online. I urge all parents to check what apps and sites your child is accessing and what they are uploading. Children with a public tiktok site are putting themselves at risk, especially when they film themselves in school uniform.

Our swimmers to NSW Catholic Schools State Carnival

Jacinta P and Sadie J both qualified for the Polding swim team to compete at the state level. Unfortunately, this carnival was cancelled in line with current government regulations. Congratulations to both girls on achieving such a high level.

Closing canteen for rest of term

After this Friday, canteen will be closed for the remainder of the term.

School banking – no school banking for the remainder of Term 1.

Calendar reminders

Tues 24 Mar Cross Country
Thurs 9 Apr Last day term 1

School dates are on the [Google school calendar](#) on the website. It is worth checking the school calendar regularly.

Warm regards



Virginia Outred
Principal



Like and follow us at on [Facebook](#)

School Communication

Link: [School Website, Calendar and Term Dates](#)

Link: [St Joseph's School App](#)

Link: [Qkr App payments, canteen orders](#)

Religious Education News

Caritas

Mufti Day Thursday 26 March - The Mission team will be hosting a Gold Coin Mufti Day to raise money for Caritas in support for Project Compassion. In the light of what is happening in our world today we need to be mindful that there are many countries less fortunate than us.

Thank you for your support.

Catherine Gualtieri - Religious Education Coordinator

PARISH WEEKLY BULLETIN to view click [here](#)

ALPHA AT THE LAKES website link [here](#)

Class Awards – Term 1, Week 8

Kinder	Sia D Austin M	<ul style="list-style-type: none">Great reading workBeing a good learning and letting others learn
Year 1	Louie P Ayla V	<ul style="list-style-type: none">His enthusiasm to learn especially in literacyAlways considering others and letting others learn
Year 2	Max S Poppy G	<ul style="list-style-type: none">For trying hard when adding detail in writingFor always letting others learn
Year 3	Adam L Chloe B	<ul style="list-style-type: none">For his persistence when writing an expositionAlways learning and letting others learn
Year 4	Jordan P Vivienne O	<ul style="list-style-type: none">Fantastic listening and learning during mathsBeing a wonderful, independent learning and considerate of others
Year 5	Sonny Z Emily L	<ul style="list-style-type: none">His positive attitude to all learning tasksLearning and letting others learn
Year 6	Emma L Bridey C	<ul style="list-style-type: none">For enthusiastically applying herself to all learningAlways being considerate of others at St Joseph's
Star	Dylan F Finn T	<ul style="list-style-type: none">Fantastic kicking legs in swimmingGreat participation in whole class activities
Moon	Sam N Loki S	<ul style="list-style-type: none">For putting a huge effort into improving his handwritingFor great leadership and participation in music lessons

Well Being Initiative

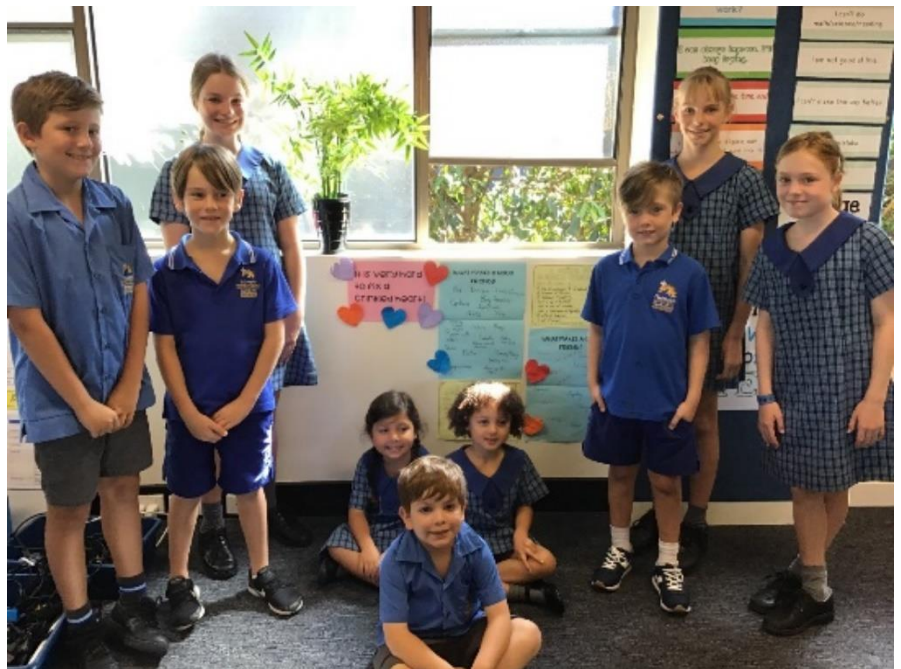
This week is Wellbeing week at St Joseph's!

Mental health and wellbeing is established early in life and provides children with the foundation for all aspects of their development including physical, educational, social, emotional and cognitive development.

This year we have started a new initiative that in Wellbeing Week we get together in 'Wellbeing Groups'. Year 6 and Year 5 leaders facilitate a small group of 8-9 students from Kinder to Year 4, who work together through several structured activities, designed to promote their mental health and wellbeing. Each teacher supervises 2 groups in their classrooms.

On Monday, the students worked through activities that helped to encourage and promote friendship and what it means to be a friend. They constructed a poster of what makes a good friend, they watched 'Enemy Pie' and then jointly constructed a Recipe for Friendship. The students will work in these groups each term with the aim of continuing to support each other in a learning community that is positive, inclusive and resilient.

Brenda Paul - Assistant Principal



The canteen is open this Friday, 27 March 2020.

The canteen will be closed for the remainder of the term commencing Monday 30 March 2020

TERM 1	MONDAY		FRIDAY
16 Mar	Kelly Therkelsen, Amy Fittler	20 Mar	Georgia Brizell, Catherine Strbik
23 Mar	CLOSED Juliana Paim, Kesaia Waara	27 Mar	CLOSED Cybelle Massey, Christina Prior
30 Mar	CLOSED Jodie Petersen, Lucy Jessup	3 Apr	CLOSED Michelle Grice, Yvette Payne, Claire Littler, Nichole Cook
6 Apr	CLOSED Sarah Reid, Amy Fittler		SCHOOL HOLIDAYS / EASTER



EASTER RAFFLE

Each family will receive a book of tickets for our Easter Raffle.
\$5.00 per ticket - please sell a minimum of five = \$25
 (or more if you would like to. Additional tickets available from the Office)

Please return the ticket booklet and pay money via QKR
 (Don't forget to write your name and phone number on each ticket tab).
Thank you for your support!

PRIZES

- 1st Prize – Premier Health and Fitness Centre (Brookvale)**
One month's membership + eggs.
- 2nd Prize - Pittwater RSL \$100 voucher + eggs**
- 3rd Prize - United Cinemas x2 Complimentary tickets + eggs**
- 4th Prize – Bar 2101 one free hot beverage daily for one month + eggs**
- 5th to 10th Prizes - Bed Bath N' Table and Easter Eggs and Goodies**

Any questions please contact Y3 Class parents;
 Georgia 0412 550 067 or Naomi 0421 667 989



Contact information from the office

Parent Volunteers

We love parents volunteering at St Joseph's.

All volunteers should sign in at Compass Kiosk in the office on arrival, and sign out when leaving.



When you volunteer for the first time please attend the office to complete a [Volunteer Declaration Form](#) and provide ID (drivers licence). You will also be taken through a short induction regarding emergency procedures at St Joseph's.

Compass Parent Portal

There are two ways to access Compass - using the parent portal on any modern web browser or using the 'Compass School Manager' app on your mobile device. Parents can enter full day absences, access student academic reports, school calendar and update contact numbers and email addresses via Compass. All parents have their own individual login details (emailed direct to you from the CSO).

WHOLE DAY ABSENCE Enter via the APP on your phone (sick, holiday) – you do not need to change the times, the default of “8am to 5pm” covers the school day. Absences of 10 or more days - [Request for Leave](#) form must be submitted to the office as well as entering via APP

ARRIVING TO SCHOOL LATE ... Enter via Kiosk in school office

LEAVING SCHOOL EARLY Enter via Kiosk in school office

Kiss & Ride Reminders

Please exit the K&R zone as soon as you have loaded/unloaded your child/ren. **Please do not stop to chat / leave your vehicle.**

Please enter the queue from Wellington St, making a left turn into Lagoon Street and the K&R zone.

For the safety of all students, please do not make U-turns in Lagoon St outside the school/church/bus zone/K&R zone

School Fees

Instalment schedule payment dates for school fees can be found on our school website [here](#).

The Fee Liaison Unit (FLU) at the Catholic Schools Office looks after all enquiries regarding overdue school fees and financial hardship.

The contact for St Joseph's Narrabeen at FLU is:

Name: Brendan Smith
Tel: 9847 0738
Email: schoolfees@dbb.org.au

Qkr & canteen orders

Did you know you can place your Qkr canteen orders days, or even two weeks, in advance?

You do not need to wait until the day you require the lunch order.

Avoid missing the cut off by placing your orders a few days before.

Qkr FAQs can be found on our school website [here](#).



School App

Do you have the school APP on your phone? We use this APP to send notifications and reminders, ie “cut off date for Mother's Day orders”.

There is a page on our school website [here](#) with all information on how to download, and the functions available from the APP.

iTunes <https://itunes.apple.com/us/app/st-josephs-primary-school/id1203501732?mt=8&ign-mpt=uo%3D4>

Google Play <https://play.google.com/store/apps/details?id=com.fraynetwork.dbb.sjn>

School Band

Roar Music Northern Beaches

If your child is interested in joining the school band, keyboard or recorder groups, please contact Monique Warokka at monique@roarmusicnorthernbeaches.com or 9984 0369



OOSH Northern Beaches

All enquiries for Before and After School Care can be directed to either Flavia (on site before and after school), by phone to OOSH head office (9984 8089) or email manager@ooshnb.com.au.

Before school care is from 7am-9pm, and after school care finishes at 6pm.

Website: www.ooshnb.com.au
Head Office: 9984 8089
St Joseph's OOSH: 0422 000 693

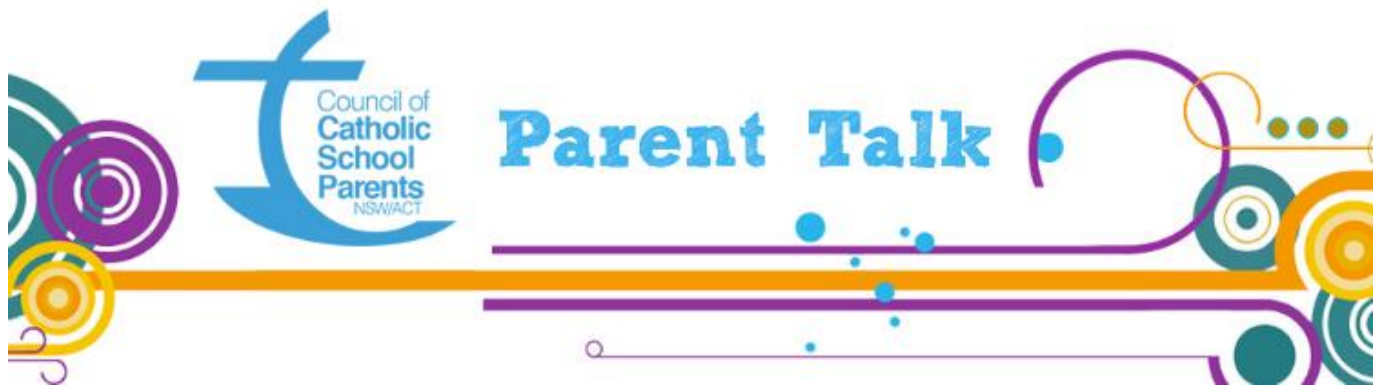
Second Hand Uniform Shop

As we have very limited stock in the second hand uniform shop, BEFORE placing any orders on Qkr please contact Amy Fittler who will let you know if size/stock is available.

Amy can be contacted on 0421 981 485.

New uniform items can be purchased from Lowes at Warriewood Square, or online.





[March newsletter online now](#)

April School Holiday Vacation Care, Camps and Activities

Please contact individual organisations to check whether holiday activities are proceeding

Little Lane Workshops – school holiday art and craft workshops at Warriewood – April School Holidays – NSW Creative Kids Vouchers accepted - <https://www.littlelaneworkshops.com.au/collections/school-holidays> - Questions, call Sonia 0434 091 032

The Football Factory –school holiday camps. Half Days 9.00am-12:00pm | Full Days 9.00am-3.00pm. For 5-14 year olds. Book from 2 days to 10 days – <https://thefootballfactory.com.au/school-holiday-camps/> or 9972 7766

Macquarie University, Junior Science Academy – www.mq.edu.au/about/holidays

Northern Beaches Council Vacation Care Services – [Northern Beaches Vacation Care](#) or 9942 2312 or email vacationcare@northernbeaches.nsw.gov.au

Manly Warringah Basketball - school holiday camps + term comps - www.manlybasketball.com.au
Enquiries: 9913 3622

Evolve Tennis Academy - https://www.evolutennisacademy.com/holiday_camps or contact 9971-0644 or by email : evolutennis@evolutennisacademy.com

Manly Warringah Gymnastic Club –school holiday programs (short and long day options available) - : <https://www.mwgyclub.com/contact-us/> or 9972 9222

Goodwins Tennis Academy –school holiday program, held at Kitchener Park, Mona Vale. Full details on website: <https://www.goodwinstennisacademy.com.au/> Contact Joel on 0410 523 726; email goodwinstennisacademy@outlook.com

Bricks 4 Kidz – school holiday program - <https://www.bricks4kidz.com.au/sydney-northern-beaches/program-events/camps/>

Aussie Gems Cheerleading – School holiday programs - <http://www.aussiegems.com.au/>

