



St Joseph's Narrabeen – Weekly Home Based Learning Grid
Stage 3, 2021 Term 3, Week 3

Growth Mindset Quote of the Week -



Meme of the Week -



Gather: Time for a great start to the day

- A walk
- A prayer
- What are you grateful for today?
- Mindfulness - Tai chi, meditation

Try out this website - www.smilingmind.com.au

Brain Break Activities -

- Go Noodle - You can set up an account to access this
- Check out the animals at the zoo - <http://zoo.org.au/animal-house>
- Cosmic Yoga
- Read a book

YOU SHOULD BE READING YOUR OWN NOVEL OF YOUR CHOICE EVERYDAY! JUST LIKE YOU WOULD BE DOING IN SILENT READING AND READING AT HOME EVERY NIGHT.

Instructions -

THIS IS A GUIDE OF ACTIVITIES THAT YOU CAN COMPLETE. OBVIOUSLY THIS IS VERY DIFFERENT TO LEARNING AT SCHOOL AND WE ONLY EXPECT YOU TO COMPLETE WHAT WORKS IN YOUR HOUSEHOLD. WE HAVE PLANNED ACTIVITIES THAT WE HOPE WILL BE ENGAGING WITH THE EXPECTATION THAT YOU WILL CHALLENGE YOURSELF TO DO YOUR BEST, JUST AS YOU WOULD AT SCHOOL. THIS IS NOT MEANT TO BE A STRESSFUL EXERCISE. PLEASE REMEMBER TO HAVE FUN AND ENJOY YOURSELF IN YOUR LEARNING! We strongly encourage you to complete the English and Maths activities please!

English

Activity 1 -

Reading/ Viewing - Watch [BTN Episode 19](#) that is linked here (this episode is from last week).

Take notes whilst watching it.

Writing - Pick one article you enjoyed and write a summary. Make sure you include all the important points they've talked about. *Post your summary in the appropriate place on our classroom feed.*

- **Make sure you have correct spelling, punctuation and grammar throughout and have a mix of sentences, including complex sentences**
- **If you haven't done this we will take them off the feed and ask you to do them again!**

The next 4 activities are from Scholastic Magazines. There is an after reading activity and writing activity for each. You can complete them on the W3 Reading and Writing slides.

**There is a 'text to speech' button if you are finding this level of reading challenging. If you use this, make sure you follow the text as it is reading to you.*

Activity 2 -

Reading - Join the hunt for lost pirate treasure in "The Search for Pirate Gold."

<https://storyworks.scholastic.com/issues/2016-17/100116/The-Search-for-Pirate-Gold.html>

After Reading: Word Study

Give a definition for the word 'treasure'

Write 10 synonyms for the word treasure.

Writing - Imagine you were in Barry Clifford's crew exploring the Whydah treasures. Write a journal entry about the incredible items you discover on the ship! Use details from the article. You can include pictures too.

Activity 3 -

Reading - Race with the fastest animals on Earth in "How Fast Can They Go?"

<https://dynamath.scholastic.com/issues/2017-18/050118/how-fast-can-they-go.html#620L>

After Reading- Word Study

The word predict has the prefix 'pre'.

Write the definition of 'pre'. Find at least 10 more words with this prefix.

Write 2 complex sentences with some of these words in them.

Writing - There are a lot of speedy animals! Make a poster that shows the top speeds of each animal mentioned in the article. Research some other top speeds of animals and add them on too!

Activity 4 -

Reading - Debate it: Are there advantages to boredom?

<https://storyworks.scholastic.com/issues/2017-18/100117/is-it-good-to-be-bored-sometimes.html?#On%20Level>

After reading - List it!

Write a list of ten things you could do if you were bored in lockdown!

Writing - Pick a side and write a paragraph to explain what you think. Is it good to be bored sometimes? Use examples from the article and from your own life.

Activity 5 -

Reading - Read a fiction story about how some surprising friends help Veronica find her voice in "Veronica's Pack."

<https://storyworks.scholastic.com/issues/2018-19/050119/Veronica-s-Pack.html>

After Reading - Vocab Study

Find and write the definition of these important words from the story **bashful**, **tranquility**, **pleasantries**, **collective**, and **deforested**.

Writing - Retell this story from the point of view of one of the animals Veronica meets. How would the animal recount running into Veronica in the forest? What would it say about what Veronica does?

Maths:

Maths warm up activity

<https://mathsstarters.net/numbersgame>

<https://www.proofmathgame.com/math-puzzles>

The Nasty Game -

Math Game Monday

Nasty Game

2nd to 4th Grade
Small Group

Equipment
1 ten-sided dice (0 to 9)
Workbook or whiteboard, whiteboard marker and eraser

I recommend playing this game as a whole class for a few days with the teacher vs 3 students, prior to playing in small groups. When deciding where to put your numbers have a conversation with the children so they know your thinking.

How to Play

- Children work in groups of 4 and draw up a grid as shown on the next page (with names omitted).
- Use highest rolled number goes first to decide on the order and write names on the grid.
- On the example on the next page, James rolls first, he rolls a 5 and can decide where he wants to put the number, in his own squares or in someone else's. The aim of the game is to get the largest number. By putting it in Samantha's "thousands column" he is stopping her from getting a large number. The idea being if you roll a high number, you keep it for yourself; a low number you give to someone else (that's what makes it nasty!).
- The game continues with each player rolling the dice in turn and deciding where the number will go, in one of their boxes, or in another group members. See the example on the next page.
- Once the game board is full, each player then gets one last roll. With that roll, they are allowed to change either one of their own numbers, or the number of another player. Eg. James was winning before the last roll, then Samantha was able to change her thousands number to a 9 and in the end she won.

Variations

- For younger year levels, play this game in partners using a six-sided dice and only with 2 or 3 digit numbers.
- Increase the number of squares for older children so they are working in 5 digit numbers.
- For older year levels, add a decimal point to add complexity.



USE THE GOOGLE SLIDES TO ANSWER ALL YOUR MATHS TASKS! Our focus is POSITION.

Science

Self Directed Learning Project - Week 2 and 3

Research a Natural Disaster that has occurred in our World and present your findings as either a news reporter Imovie/Clip, Keynote, Voice recording or as a Google/Powerpoint Slide. We have given a variety of different platforms to use as we know everyone is using different devices at home.

You must investigate the following aspects of the disaster and use this as your success criteria for your project:

- **Where, When, What type** of disaster occurred.
- Explain **how** this type of disaster happens.
- **How** the disaster **affected the people** and land in that area.
- **What the aftermath** has been following the disaster.
- Any **technological advancement that has been created to monitor or predict future disasters.**
- What preparations are made or taken in an emergency situation for your disaster.
- Challenge - Can you create a model of your natural disaster

Elements to consider:

Your information needs to be written/spoken in your own words.

Use the subheadings above to divide up your research and complete the success criteria.

Neat presentation skills that show a mixture of information and pictures or diagrams.

Attach a bibliography/references list. eg, books, websites, videos that you've used to gather your information.

Your presentation needs to be - at least 2 minutes long and you will need to record yourself presenting your project. This can be talking and voice recording over the presentation. We have done an activity like this on Keynote. You can use powerpoint to add a recording of you reading the information out loud! This is your choice and pick what works for you.

If you are having trouble adding your audio please see our attached video in the feed that we will post.

Project Due Date: Friday Week 3!

Possible Disaster Topics:

| | | |
|-------------------------------|------------------------------------|------------------------------|
| Black Saturday Bushfires 2009 | Tokyo Earthquake 1923, 1995 | Newcastle Earthquake 1989 |
| Ash Wednesday Bushfires 1983 | Boxing Day Indonesian Tsunami 2004 | Cyclone Tracy 1974 |
| Hurricane Katrina 2005 | Christchurch Earthquake 2011 | Volcano Mount St Helens 1980 |
| Volcano Mt Etna 1669, 2000 | Volcano Mt Vesuvius 79AD | Japanese Tsunami 2011 |
| Typhoon Cobra 1944, | California Earthquake 1989, 1994 | Or another of your choice... |

These are just examples. You may choose any disaster you wish to.

Religion

Saint Peter & Saint Paul

Watch the quick videos here to get a deeper understanding of Saint Peter and Saint Paul

<https://www.youtube.com/watch?v=WfhFTRQ48Io>

https://www.youtube.com/watch?v=SVx_G8yB19I

https://www.youtube.com/watch?v=R0p0W_Zbt1s

Activity 1 -

Who are Saint Peter and Saint Paul?

Activity 2

Create a collage of the different ways Saint Paul travelled.

Activity 3

Map the journeys of Saint Paul. Here is one site you could use

<https://blog.obitel-minsk.com/2016/07/the-holy-apostles-peter-and-paul-maps.html>

Creative Arts

Watch the video and learn how to draw faces!

<https://www.youtube.com/watch?v=iMEBSQJYaAY>

PDHPE

PDH

[Safety Town website](#)

<https://www.safetytown.com.au/book/stage-3/learning-experience/safe-journeys>

Have a go of this website. It is interactive and you can run through real life scenarios.


USE THE GOOGLE SLIDES TO ANSWER ALL YOUR PDHPE TASKS

PE

Wednesday and Friday 4pm - Northern Beaches Jiu Jitsu Academy
Live Facebook Classes!


| | | | | |
|---|--|--|--|---------------------------------|
| T i c T a c T o e | 20 Arm Rotations  | 8 Straddle Jumps  | 12 Standing Toe Touches  | F I T N E S S |
| | Hold a Sit & Reach for 15 Seconds  | 10 Curl Ups  | 15 Sec. Butterfly Stretch  | |
| | 10 Push Ups  | Hold a Plank for 15 Seconds  | 15 Mountain Climbers  | |
| Card 1 | <small>© Peter Chenovics (Capt'n Peter), 2011</small> | | | |

CARDIO



REPS/TIME
4 DICE ROLL

Roll 1 die and perform the cardio movements listed above. Roll and add 4 dice to determine the number of reps or seconds you will perform it.

2 DICE 

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Enjoy!

Library

See your library classroom for your activities.

Keep reading!

Email Mrs McCamey if you have any issues with these activities.
kathryn.McCamey@dbb.catholic.edu.au

Home fun:

Enjoy!

If you have any questions - email your teacher.

Remember this is a guide, only do as much as you can do but still try and challenge yourself and have a growth mindset!