



St Joseph's Narrabeen – Weekly Home Based Learning Grid  
Stage 3, Term 4, Week 3 2021

Growth Mindset Quote of the Week -

If at first  
YOU DON'T  
succeed...  
**YOU'RE  
NORMAL!**

- Kid  
President

Meme of the Week -



**Gather:** Time for a great start to the day

- ☐ A walk
- ☐ A prayer
- ☐ What are you grateful for today?
- ☐ Mindfulness - Tai chi, meditation

Try out this website - [www.smilingmind.com.au](http://www.smilingmind.com.au)

**Brain Break Activities -**

- Go Noodle - You can set up an account to access this
- Check out the animals at the zoo - <http://zoo.org.au/animal-house>

- Cosmic Yoga
- Read a book

**YOU SHOULD BE READING YOUR OWN NOVEL OF YOUR CHOICE EVERYDAY! JUST LIKE YOU WOULD BE DOING IN SILENT READING AND READING AT HOME EVERY NIGHT.**

Instructions -

*THIS IS A GUIDE OF ACTIVITIES THAT YOU CAN COMPLETE. OBVIOUSLY THIS IS VERY DIFFERENT TO LEARNING AT SCHOOL AND WE ONLY EXPECT YOU TO COMPLETE WHAT WORKS IN YOUR HOUSEHOLD. WE HAVE PLANNED ACTIVITIES THAT WE HOPE WILL BE ENGAGING WITH THE EXPECTATION THAT YOU WILL CHALLENGE YOURSELF TO DO YOUR BEST, JUST AS YOU WOULD AT SCHOOL. THIS IS NOT MEANT TO BE A STRESSFUL EXERCISE. PLEASE REMEMBER TO HAVE FUN AND ENJOY YOURSELF IN YOUR LEARNING! We strongly encourage you to complete the English and Maths activities please!*

<b>Zoom Schedule</b> <b>Make sure you check your Google Classroom for the links, meeting ID and password!</b>	
Monday	Weekly ZOOM overview 9.30am
Tuesday	Maths ZOOM 9:30am
Wednesday	Maths ZOOM 9:30am
Thursday	Maths ZOOM 9:30am
Friday	Friday Feedback and Kahoot- 9:30am

## English

### English

Reading and Writing - Activity 1

BTN - **Writing** - Watch [BTN classroom episode 28](#). Pick one article you enjoyed and write a summary. Make sure you include all the important points they've talked about. ***Post your summary in the appropriate place on our classroom feed on Google classroom.***

- Make sure you have correct spelling, punctuation and grammar throughout and have a mix of sentences,

### Reading: Activity 2-4

L.I - We are learning to comprehend short narratives and make inferences.

This week we want you to continue Read Theory. Read the instructions below of what you have to do.

Read Theory is an online reading comprehension with small comprehension passages and comprehension questions to follow. After reading the passage you answer a quick quiz.

**Please try to complete 3 quizzes a day!**

1. First you will need to click on this link to access this program.

<https://readtheory.org/auth/login>

2. Sign in using your login that we have provided on your page.

### Year 6

Year 6 we have used this program before - login using this link [www.readtheory.org/auth/login](http://www.readtheory.org/auth/login)  
Your username is - firstname.lastname, Firstname.lastname - or some of you have added a number to it (you should remember who you are!!!!)  
Your password is **TP8X5RHV**

### Year 5

Year 5 we have used this program before - login using this link [www.readtheory.org/auth/login](http://www.readtheory.org/auth/login)  
Your username is - firstname.lastname or firstname.lastname5 (only some students have a 5)  
Your password is - year52021

I have also attached your passwords and account usernames to the classroom.

## Maths:

### Maths warm up activity

<https://mathsstarters.net/numbersgame>

<https://www.proofmathgame.com/math-puzzles>

### The Nasty Game -



Math Game Monday

## Nasty Game

2<sup>nd</sup> to 4<sup>th</sup> Grade  
Small Group

**Equipment**

- 1 ten-sided dice (0 to 9)
- Workbook or whiteboard, whiteboard marker and eraser

*I recommend playing this game as a whole class for a few days with the teacher vs 3 students, prior to playing in small groups. When deciding where to put your numbers have a conversation with the children so they know your thinking.*

**How to Play**

- Children work in groups of 4 and draw up a grid as shown on the next page (with names omitted).
- Use highest rolled number goes first to decide on the order and write names on the grid.
- On the example on the next page, James rolls first, he rolls a 5 and can decide where he wants to put the number, in his own squares or in someone else's. The aim of the game is to get the largest number. By putting it in Samantha's "thousands column" he is stopping her from getting a large number. The idea being if you roll a high number, you keep it for yourself, a low number you give to someone else (that's what makes it nasty!).
- The game continues with each player rolling the dice in turn and deciding where the number will go in one of their boxes, or in another group members. See the example on the next page.
- Once the game board is full, each player then gets one last roll. With that roll, they are allowed to change either one of their own numbers, or the number of another player. Eg. James was winning before the last roll, then Samantha was able to change her thousands number to a 9 and in the end she won.

**Variations**

- For younger year levels, play this game in partners using a six-sided dice and only with 2 or 3 digit numbers.
- Increase the number of squares for older children so they are working in 5 digit numbers.
- For older year levels, add a decimal point to add complexity.

**This week we will be completing some measurement and geometry activities. These will be on ZOOM at 9:30am Monday - Thursday.**

**On Friday there will be set Study Ladder activities.**

## **History**

**How laws are made - Parliament** (answer these on slide provided)

- Watch the following video about how laws are made in parliament <https://video.link/w/9r9Dc>
- After watching the video create a mind map/ flowchart of what you have learnt. You can use an such as popplet lite, Inspiration, or any other application that you like.

## **Religion** - answer these on the slide provided

**What is Jesus' Mission?**

- Go to the school website and read the section titled Catholic Mission  
<https://www.sjndbb.catholic.edu.au/faith-mission/catholic-mission/>
- List what you think are the 3 main areas of catholic mission at St Joseph's?
- How does our school motto 'Build in Love' link to Catholic mission?
- How are the school's 4 core values of Community, Respect, Stewardship and Compassion linked to this mission?

## **Creative Arts**

Portrait painting -

Watch the link below to explore portrait paintings by sketching. (there are two in the link - start with a sketch & making the painting)

[Portrait painting | @The Arts Unit – Art Bites Series](#)

Try what you have learnt by sketching your own self portrait. Post your self portrait in the artworks slide.

## **Music**

Rhythm Words

Apple / Pear / Watermelon <https://video.link/w/C1X4c>

Fries / BigMac / Quarter Pounder <https://video.link/w/N1X4c>

Rhythm Reading

VMM Ta titi ta a Za <https://video.link/w/a2X4c>

Drew's Drill Ta titi <https://video.link/w/m2X4c>

Music Mindsets ta titi tica tica <https://video.link/w/x2X4c>

Dance Monkey <https://video.link/w/4aG5c>

Cant Stop the feeling <https://video.link/w/NGX6c>

Faith play-along <https://video.link/w/BEW7c>

Listen

Watch and listen to Stomp Basketballs. <https://video.link/w/22X4c>

Stomp Just Clap Your Hands <https://video.link/w/5XF5c>

Kitchen Percussion Playalong <https://video.link/w/tUW6c>

## Move

Bouncing Ball Beat <https://video.link/w/A2X4c>

Funky Veggies <https://video.link/w/nL95c>

## Body percussion

Sevens Game - <https://video.link/w/P2X4c>

Sevens Playalong – Star Wars <https://video.link/w/Z2X4c>

Cant stop the feeling <https://video.link/w/F2X4c>

*Dance Monkey* <https://video.link/w/4aG5c>

*Cant Stop the feeling* <https://video.link/w/NGX6c>

*The great African Take away* <https://video.link/w/bcY6c>

*Faith play-along* <https://video.link/w/BEW7c>

## Drum Circles

Kitchen Percussion Circle Playalong <https://video.link/w/tUW6c>

Extended percussion circle play along <https://video.link/w/MKW7c>

## PDHPE

PDH - Use slideshow to answer and complete the set task

## PE

**Wednesday and Friday 4pm - Northern Beaches Jiu Jitsu Academy  
Live Facebook Classes!**

Here we go.....

# Fitness

<https://dbbcatholic.zoom.us/rec/share/aAAXkwZTfhYIFWQbytlgM5C6w--jhOISNvBwdzfKav2a4fZ5EnEdLH5hPmdSphG.V7L5ilq0-ZlsHOHU?startTime=1634104033000>

# Fab 5.....with a Tennis focus.....

[https://dbbcatholic.zoom.us/rec/share/nqY8r90xWsZ\\_I0CCIL3gl6RNRfjXj\\_eeXJwmcaaRCAFBwEg2xCenFjrYZn9Emk\\_7.XbUJmUu9zSLqnSur?startTime=1634103073000](https://dbbcatholic.zoom.us/rec/share/nqY8r90xWsZ_I0CCIL3gl6RNRfjXj_eeXJwmcaaRCAFBwEg2xCenFjrYZn9Emk_7.XbUJmUu9zSLqnSur?startTime=1634103073000)

Here are some links for the students to watch.....further challenges for Tennis @Home!

<https://www.youtube.com/watch?v=0zQeWqJQzNw>

<https://www.youtube.com/watch?v=GenXgrHPpUQ>

<https://www.youtube.com/watch?v=nFsLTlx9D64>

Enjoy!

## Library

See your library classroom for your activities.

Keep reading!

Email Mrs McCamey if you have any issues with these activities.

kathryn.Mccamey@dbb.catholic.edu.au

Enjoy!

If you have any questions - email your teacher.

Remember this is a guide, only do as much as you can do but still try and challenge yourself and have a growth mindset!