

ST JOSEPH'S NEWS

WEEK 2, TERM 3, 2025



This Week at Joeys

It's wonderful to be back after my extended holiday break – and what better way to return than with the **joy and energy of our Athletics Carnival!** It was the perfect reminder of how lucky we are to be part of such a vibrant and supportive community.

We were blessed with sunshine, team spirit, and plenty of standout moments. **A heartfelt thank you to our amazing PE teacher, Mrs Frost,** for her dedication in coordinating the day, and to all our teachers for their help in making it run so smoothly.

An extra big shoutout to our **incredible parent volunteers** – we truly couldn't do it without you!

One of the day's many highlights was Isla T in Year 4, who broke two school records: U 10 Junior 200m - was 33.56 (2016) she ran a 30.20 and Junior Discus - was 16.1m (2018) she threw 16.80!

It was also very special seeing so many students giving their all, encouraging their peers, and embracing the spirit of the day.

Year 6 were exceptional leaders, creating a warm and encouraging atmosphere for all our Joeys. Their enthusiasm and sportsmanship were on full display, and we're proud to have such strong role models leading our school. Special shout out to our four sports leaders, Louis, Toby, Jude and Michaela who entered so many events.

Virginia Outred - Principal



Thank You!

This Friday is Primary Principal's Day, **when we recognise and celebrate our amazing school Principal Mrs Outred and awesome Assistant Principal, Mrs Paul.**

Their leadership, care and commitment make our school a better place every day. From championing every child's potential to supporting staff and families with kindness and wisdom — **they are the heart of our community.**

Thank you, Mrs Outred and Mrs Paul!

Need to Know

Dates of Note

Every Tuesday in Term 3 (except when other whole day events on): Zing Activ dance program. All classes wear sports uniform on Tuesdays for Term 3.

August 5th: Stage 3 (Years 5 and 6) Netball Gala Day

August 15th: Joeys' Hub School Disco

August 21st: Northern Beaches Zone Athletics Carnival

Week Commencing Sept 1st Week 7: Wellbeing Week

Sept 4th: Stage 2 (Years 3 and 4) Netball Gala Day

Sept 5th: Father's Day breakfast

Sept 25th: Last day of Term 3. Interschool Challenge for Zing Activ at Homebush.

Sept 26th: Pupil free day

School Disco

Our school disco is on August 15th. Year 5's Class Parents are organising it this year and have just opened up ticket sales. You can purchase a ticket on QKR now... and it's guaranteed to be a great night!

The theme is "dress as your favourite..." (whatever you choose!) We're looking forward to seeing what our Joeys come up with.

If you can volunteer to help on the night, please let Lulu know: lulu.wilkinson@dbb.catholic.edu.au.



Public Speaking in Term 3

This term, all our students will take part in Public Speaking and present a speech to their class.

There's a reason we do Public Speaking across all year groups. Firstly, because it's part of the NSW English Curriculum around mandatory oral language and communication outcomes. Public speaking is the forum for our students to learn the skills embedded in these outcomes. **But it's also a great, safe and supportive way for our students to challenge themselves.** In their futures, our Joeys will likely need to express themselves in groups, and Public Speaking - even at a young age - is a good way to learn to develop clear communication skills and presentation techniques. That's not to say Public Speaking isn't very intimidating for some!

Your child will get a set of themes sent home that they can choose from (if they haven't already). We encourage students to choose subject matter linked to the topics that they are passionate about.

It's also important to remember that nerves are normal. The best way to manage those butterflies? Practice and prepare! Let your child know that physical signs of nerves like a pounding heart and shaking hands are just that - nerves making themselves known. It doesn't mean they will perform badly. In fact, some nerves are good! That adrenaline rush also makes you more alert.

Practising and preparing will help build confidence. Help by listening to your child's speech until they feel comfortable with it - and give lots of positive reinforcement

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Joeys Disco

It's Time to Dance!

St Joseph's Narrabeen



DISCO

Theme: My favourite...

Dress as your fave athlete, singer, food, animal, icon etc

August 15 in the Hall

Kindy to Year 2: 5:30pm to 6:45pm

Year 3 to Year 6: 7:00pm to 8:30pm

BYO water bottle please

Tickets available on QKR

\$10.00 for one child

\$18.00 for two children

\$24.00 for three children

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Joeys Got Talent

Get Ready to Shine!



TERM 3:

WEEK 7: TRY OUTS IN CLASS

WEEK 8: LUNCHTIME HEATS

WEEK 9: THE GRAND FINAL (PARENTS & CARERS OF FINALISTS
INVITED TO ATTEND)

OPEN TO ALL

Musicians, singers, dancers, rappers,
actors, comedians, magicians, etc.

SIGN UP SHEETS WILL BE HANDED OUT IN WEEKS 3 & 4
START ORGANISING - WE CANNOT WAIT TO SEE YOU SHINE!

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Music Info

Want to sign up for band?


**LEARN AN
INSTRUMENT AND
JOIN THE JOEYS
BAND!**

**JOIN TODAY
DON'T DELAY!**



MusicLinks
inspiring young musicians

Are you in Year 2 or above and
want to learn how to play a
musical instrument?

	What instrument do you want to learn to play?
	~ flute ~ clarinet ~ saxophone ~ trumpet ~ keyboard ~ trombone ~ percussion ~ bass guitar ~

**Weekly Band rehearsals and
lessons held at school.
Join the Fun and Register today!**



FIND OUT MORE



Contact MusicLinks

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band@musiclinks.com.au

musiclinks.com.au/joeys

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